



small park BIG RUN: marshals' briefing

Thank you very much for helping us.

Your help will ensure runners and visitors have a brilliant and safe time and other park users can be kept informed, if needs be. These notes aim to help you do that. Please try to read it and bring it with you; don't worry if you cannot take it all in - there will be a briefing session when you arrive .

A/ GENERAL INFORMATION

Please bring a mobile phone

Emergency number: If none of the personal numbers below are available, call: **07726 921089**

This will be used for receiving calls only. Calls need to be brief. Please use this number if you think a runner needs help. If you think it is serious call an ambulance and then call the on-duty run organiser (see below)

In the unlikely event you find a child lost or distressed: call the emergency number to report it and bring them to the sign-in tent by Meersbrook Hall, which will also act as a 'lost and found'. If they are 'claimed' while you are bringing them over, please ask the parent to come with you.

We will have a marshals whatsapp group again this year by opt-in only - so not all marshals will be in it. We will open this up for anyone to send messages on Saturday.

If you are in it, use it to send any information others might find useful. If you are concerned about being relieved from your shift, a message to the group will be fine but also call the run director (their numbers are below and will be on the card you are given when you come for your shift.)

Access to Meersbrook Hall

We do not have **any** access to the Hall. Toilets are being stationed to the side of the Hall and are for runners though obviously we are not expecting this to be policed.

It also means we are having a generator placed at the side of the hall. The generator will be taped off so the risk of harm is minimal. Please do keep an eye on this when you are walking round the park and bring anything untoward to the attention of the run director at the time.



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1/ Run directors

The run director is the person who is responsible for everyone's safety and for making decisions - if any need to be made. We are operating a shift over the 24 hours as follows.

| Time | Director/ Backup | Director phone | spBR programmed events |
|-------------------|----------------------------------|----------------------------------|---|
| SATURDAY | | | |
| Midday – 4pm | Caroline / Diana | 07864 723 425 | Opening; start of speakers tent; crafts; camp setup |
| 4 pm- 8pm | Liz / Jawad till 6; Diana 6-8 | 07956 383765 | Speakers tent, solidarity supper from 6, lantern procession from about 7.30 |
| 8pm – 12pm | Tony / Caroline | 07766 272496 | Torch procession from about 8.30. Marshal required to warn runners. Poetry and Rap from about 9 |
| SUNDAY | | | |
| Midnight – 4am | Jawad / Kathy | 0794 666 5755 / 07960 880 495 | |
| 4 am- 8am | Jonny / Diana 6 - 8 | 07904656077 | Tech support setup from 6 am |
| 8am – 10am | Katelyn / Jonny | 0 7400 046368 | Palestinian breakfast at 10 |
| 10 - Midday | Caroline / Liz | 07864 723 425 | Buskers hour at 11 Close and BIG SING etc from midday |
| Midday - 1 | Liz / Katelyn | 07956 383765 | |

Before noon on Saturday June 10th, all organisers will be available.

2/ First aider

We will have a first aid rota and two first aid directors responsible for making decisions about any injuries. One first aider and one director will be available at all times. The director details are above.

The first aid rota will be on the sign-in desk and race directors tent at the start/finish line..



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3/ When you arrive

Come to the Race Organiser's tent at the start/finish line and let the Race director know you are around.

We will let you know what to do, show you where to get a drink and brief you on how things are going and what to look out for.

B: MARSHAL'S DUTIES

There are various things we will be asking marshals to do.

- Patrolling the park
- Being at Turner's Hill
- Ensuring the course is clear especially near the start
- Helping with the solidarity supper
- Looking after pre-bought merchandise in the hall porch

You will be briefed when you get to the park. Further information about each role is available in the MARSHAL ROLES section below.

C: TRANSPORT AND PARKING

- There are a number of buses that run along Chesterfield Rd to Heeley Retail Park. Details on [SYT journey planner](#)
- If using your own car
 - Parking during the day by the park is fine on the park side of the road. There should be plenty of room in the streets around the park.
 - You can also find space in the car park in Heeley Retail Park, S8 0RG, which is opposite Beeton Road and five minutes walk from the park
 - All parking at your own risk

D: PLEASE BRING...

- A drink
- A torch or head torch if you are on duty at night.
- A waterproof coat /warm clothing as required
- Some food if you are on a long duty



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E: MARSHAL ROLES

Giving information:

Water

- A table with water will be at the runner's tent.
- Runners may leave their own water bottle on the table too.

Night time:

- The registration desk will be in the race organiser's tent between 10pm Saturday and 7.30am Sunday
- Marshalls should walk in pairs at night time going in the opposite direction to runners

Also see point (c) below

Patrolling role

If you are asked to patrol the park there are three things to do

a/ Keep the course and runners safe

- Ensure people do not cross the track when runners are nearby. More information will be given at the time if you are asked to do this
- Please ensure the course markers are secure, and also check the information boards
- If a runner is in trouble please call the emergency number

b/ Pick up litter

- You will be given gloves and a bin bag if asked to do this

c/ Give directions or information to anyone who asks

Please have a programme and leaflets with you so you can let people know what is happening

Programmes will be posted around the park too

If people ask what this is about

- please pass them a leaflet
- invite them to listen to Palestinian voices Saturday afternoon and Sunday breakfast
- to have tea and cake in the Walled Garden
- to join in the solidarity supper
- invite them to the finishing celebration and join in the BIG SING to Gaza and do the fun run on Sunday at midday

Turners Hill and Playground corners

Turners Hill is at the corner of the steepest part of the park. When runners get to that point they will need lots of encouragement!



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The role of the person at this spot is primarily to tell runners how well they are doing. There will be some bottles of water to be used if you suspect a runner is in heat distress - use it to pour on them and for them to drink. And contact the Race Director immediately.

In addition:

- As this is the top of the hill look out for runners in signs of distress. - this is a community run and the participants will have very varying levels of fitness.
- They will also have a safety and information role as the patrollers (see above)
- You should have with you leaflets, a programme and a phone
- Take some food and water and a chair if you like.

This year, there will also be a football activity at Turners Hill. To take part in this, there will be a sign up desk in front of the Hall.

The role at the playground corner and in the woods spots is very similar but you won't have so far to go!

Solidarity supper

This is happening at about 6pm on Saturday. If you are asked to help, it is most likely to ensure people know where to queue and to help collect used plates into bins.

Torch light Procession

After the lantern procession, at about 8.15pm, we will gather to have a solemn torch light procession, led by Musheir, to remember all those who have died. This will be one lap of the park and it will end around the solidarity tree, near the start. If you are marshaling at this time you might be asked to warn runners that people may be crossing the course, to slow down and be wary. Or you might be asked to ensure as few people as possible walk across the course without looking.

What to do if you get any abuse

There have been some abusive characters at Palestine rallies but not many; it is individuals not organised groups. All of it has been verbal abuse. Often upsetting always irritating. We have told the police about our event.

It is highly unlikely but if anyone is abusive, please do not engage in any way. Please try to make sure no participant or small park BIG Run supporter engages either.

Please call the race director **immediately** as we can assess if we need to take further steps and then take action to make sure you are not on your own. It is essential that we are not provoked, and we keep runners safe.